

## Dine' Veteran Group

July 2022

Current number of participants: 11

Total participants: 24



Dine' ceremonial philosophy and healing practice is a whole system understanding to health and wellbeing. The holistic ceremonial concept is research based care and serves as a preferred health care support initiative.

Substance use, mental and physical complications have caused disruption in the Dine' life journey creating vulnerabilities to physical, mental, and social well-being, difficulty to regain stability.

Dine' ceremonial healing to reintroduce health and wellness

Identity, Relationships, Preferred ceremonial involvement

### RESTORATION OF ORDER

Oral stories to re-establish guidance and systems of support ceremonial practice through offerings and songs. Harmony and balance in songs and ceremonial offering.

Group Facilitation – Phoenix VA, Building 31

Tuesdays 1000-1100

### Orientation

SUDTP intake, treatment planning, BAM-R, C-SSRS assessment

Beginning of group session (12-week program, 1 x weekly, 1 hour per session)

Direct services implemented, Aftercare focus

Medication Assisted Treatment (MAT); SUDTP PA (PRN) if preferred

### 12-week Outpatient – one-hour session

Video Virtual Connect group session

Intro to Dine' ceremonial philosophy

### 12-week Aftercare – one-hour session

Practice ceremonial concepts and recommended direction of care

Sweat lodge ceremony (*Navajo Nation*), referred out to Navajo Nation Behavioral Health

Dine' traditional ceremony (*Navajo Nation*)

**24 hours total completion**